

# Eagle Bay Road Association



## May 2020 Update

### **ON THE AGENDA:**

Good evening everyone,

I hope you are all staying healthy and safe.

This will prove be a very interesting season with all the stringent regulations of social distancing and disinfecting procedures.

Mike would like to put the dock in on the Long Weekend - May 16<sup>th</sup> at 10:00 am as usual. Rain date will be the following day – Sunday the 17<sup>th</sup> at 10:00 am. There is an attached questionnaire as to whether or not you should participate in the installation.

Please also read his email as to what procedures we should be following.

After the installation we will have a meeting as there are a number of issues to be discussed.

- Due to the high water level last fall, the frost has raised the ramp on one side and bent one of the poles on the dock. This will have to be evaluated at the meeting.
- Discuss dock rules following new safety procedures.

### **PRESIDENT'S REMARKS:**

I feel confident that with a group of 9 people we can put the dock out as usual following all Covid procedures and recommendations to keep everyone safe. If anyone has any underlying health condition or are if you are sick please let us know.

Any work that requires close proximity ( such as setting poles etc. ) can be accomplished with people that reside in the same house/cottage. I will bring disinfectant and rags to wipe down any points of contact but also recommend that all involved wear gloves and if you have N95 masks . Please read the questionnaire attached and if you answer yes to any of the questions please do not attend.

We are embarking in uncharted waters not only as cottage owners but as a society with Covid 19 ( a worldwide pandemic ) .

As a road we will need to discuss safety procedures for the dock eg; limiting people on the dock, wiping down any points of contact

( railings , anchoring points etc.).

Manitoba has done an outstanding job of social distancing and doing our part to prevent the spread of Covid 19. This does not mean we can lighten up and let our guard down .. the lives of your families, neighbours and friends depends on strictly adhering to the new laws and procedures. We have a large contingent of High Risk people on our road and need to do all within our power to keep them safe.

As a business owner I have installed many new procedures to attempt to keep all my staff, costumers and families safe and would be more than happy to share all we have learnt and would love anyone with similar experience to bring to the meeting their knowledge and share it with us as well.

LETS WORK AS A ROAD AS WE ALWAYS HAVE AND KEEP EVERYONE SAFE THIS YEAR AS WE ATTEMPT TO ENJOY OUR COTTAGES TO THE FULL EXTENT THAT WE CAN !!!

## HEALTH QUESTIONNAIRE – COVID-19

REV: March 20, 2020

The purpose of this questionnaire is to ensure appropriate COVID-19 screening of all individuals requesting access to construction projects. These questions will help confirm that you are healthy and fit for work. Because your health has the potential to affect the health of other people on this site, as well as their families and others, it is essential you answer these questions honestly. In the event that someone on the site has been in close contact with someone probable or confirmed with COVID-19, your contact information is necessary so we can inform you that your health and safety may be at risk.

This questionnaire is based on the Public Health Authorities COVID-19 Self-Assessment Tool.

### 1. Are you experiencing any of the following?

- Severe difficulty breathing (i.e., struggling to breathe or speaking in single words)
- Severe chest pain
- Having a very hard time waking up
- Feeling confused
- Losing consciousness

No  Yes

### 2. Are you experiencing any of the following:

- Shortness of breath at rest
- Inability to lie down because of difficulty breathing
- Chronic health conditions that you are having difficulty managing because of difficulty breathing

No  Yes

### 3. Are you experiencing any of the following:

- Fever
- Cough
- Sneezing
- Sore throat
- Difficulty breathing

No  Yes

### 4. Have you travelled to any countries outside Canada (including the United States) within the last 14 days?

No  Yes

### 5. Did you provide care or have close contact with a person with COVID-19 (probable or confirmed) while they were ill (cough, fever, sneezing, or sore throat)?

No  Yes

**6. Did you have close contact with a person who travelled outside of Canada in the last 14 days who has become ill (cough, fever, sneezing, or sore throat)?**

No  Yes

If you have checked **Yes** to any of these questions, you are not permitted on site and you should consider seeking medical attention.

If you have checked **No** but you notice a change in your health within the next 14 days, we ask you to contact your supervisor or us directly. We have a collective responsibility for the safety and health of each other.

**If you are in a high risk group for COVID-19 (i.e., over age 65, pre-existing respiratory condition) please determine with your supervisor if working on this site is appropriate for your given current COVID transmission risks.**

We share a responsibility for keeping each other safe. Thank you for completing this self-questionnaire. If you have any questions please get in touch with Mike Kornaga.

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Rev: March 27, 2020

**COVID-19 PREVENTION PROCEDURES – INSTRUCTIONS TO CONTRACTORS**

The situation with COVID – 19 changes daily. These procedures will be updated regularly as we improve our understanding about COVID – 19 and as we improve the safety precautions for workers on site.

Your participation is critical. Please share any ideas for things that we can do to make it safer, contact your supervisor promptly. If you have questions or concerns, please direct them to your supervisor. Our goal is to provide a safe workplace, if you have a concern for your safety at work share those concerns it's important to us.

Adherence to safety procedures is necessary, your safety and health is our principle concern.

Contractors and workers who do not comply with these procedures may be asked to leave the site and not permitted to return until the current situation is less acute. One person's risky behavior puts all of us in jeopardy.

Prevention procedures are based on health monitoring, social distancing, hand hygiene, cleaning and disinfecting and contractor and project specific procedures to prevent the transmission of COVID-19 to workers on this project.

**COVID Safety Coordinator**

Contractors are required to appoint someone at each site responsible for monitoring their workers for compliance with their COVID prevention procedures and our COVID Prevention Procedures. The Contractors CSC must spend a significant amount of their time monitoring workers by greeting and organizing them when they arrive to work, inspecting their work areas, monitoring their health, informing their workers of any changes to procedures and liaising with us and their companies management responsible for COVID prevention.

**Contractor COVID – 19 Prevention Procedures**

Contractors are required to forward to us copies of their procedures to prevent the transmission of COVID – 19. Contractors must identify which tasks may be impacted by social distancing restrictions and implement mitigation measures. for example:

- site orientations
- training
- tasks that involve two or more workers to work in close proximity. i.e. Carrying pipe or drywall
- restricted work locations where there is insufficient space to maintain social distancing i.e. cab of a vehicle or small room

REV: March 22, 2020 2

Contractors must identify tasks where there is a potential for transmission through shared use of PPE, tools and equipment and implement mitigation measures.

For example:

- PPE – face shields at cutting stations, fall protection ropes and lanyards, etc.
- tools – hand saws, chop saws, grinders, vacuums, etc. Rev: March 27, 2020
- equipment – aerial work platforms, forklifts, power trowels, etc.

Where Contractors are responsible for cleaning and disinfecting, they are required to provide to us copies of cleaning product information and cleaning procedures for review to verify that they can prevent the transmission of COVID – 19.

**Contractors are responsible for reviewing the procedures and implementing practices that prevent the transmission of COVID -19 for the subtrades working for them.**

Contractors are required to appoint a CSC at each work location.

If Contractors have not provided us with COVID – 19 Prevention Procedures, they will not be allowed to work on this project.

### Health Verification of Workers and Visitors

The health and well-being of workers and visitors is paramount. To protect workers and visitors and provide a safe and healthy workplace there is an increased responsibility on Contractor supervisors and supervisors to be vigilant and that includes monitoring for symptoms of COVID-19. Workers and visitors who are exhibiting symptoms of COVID 19 or are otherwise recommended to be in self-isolation or self-quarantine in accordance with recommendations of the Public Health Authority are not permitted on projects.

1. Any workers or visitors intending to access the site must complete a Health Questionnaire. The purpose of the questionnaire is to verify that workers are free, to the best of their knowledge, of COVID-19 symptoms and related restrictions in accordance with Public Health Authority recommendations.
2. Contractors supervisors must provide each day an attendance list of workers by name and phone contact – electronically. In the event that there is a COVID issue later this information will be especially helpful in identifying potential exposures. Attendance lists to be stored in accordance with privacy considerations.
3. Contractor supervisors are required to verify, **at start of shift**, that their workers are healthy, fit for work and to the best of their knowledge, free of any symptoms or restrictions associated with COVID-19 in accordance with the Health Questionnaire and recommendations of the Public Health Authority.
4. Contractors must provide an update on their workers' health **at the start of shift**.
5. Contractor supervisors are required to verify, **at end of shift**, that their workers healthy, fit for work and to the best of their knowledge, free of any symptoms or restrictions REV: March 22, 2020 3 associated with COVID-19 in accordance with the Health Questionnaire and recommendations of the Public Health Authority.
6. Contractors must provide an update on their workers' health **at the end of shift**.

### Social Distancing

Social distancing is a technique to prevent the spread of COVID-19 by limiting close contact with others. The PublicHealth Authority recommends keeping a distance of 2 meters (6 ft.) from each other. We require that all workers observe social distancing. Social distancing measures include: Rev: March 27, 2020 • limiting groups of workers coming together in orientation, lunch and meeting rooms, tool cribs, change rooms, smoking areas, etc.

- preventing workers from congregating at the entrance to the: project, hoist, stair wells, scaffolding, washroom facilities, etc.

- restricting access to occupied work areas like trailer offices, etc.

- controlling traffic patterns – where practicable designate only up and only down stairwells or in / out gates, this avoids the potential for workers to pass each other within the social distancing space.

Contractors are required to:

- communicate and reinforce **self-distancing** practices with their workers

- conduct regular inspections of their worker areas to verify that workers are practicing social distancing, to the best of their ability

- notify us of any concerns they have for social distancing practices or work procedures

### Hand Washing and Hand Sanitization

Hand washing minimizes the risk of infection. Proper hand washing helps prevent the transfer of infectious material from the hands to other parts of the body—particularly the eyes, nose, and mouth—or to other surfaces that are touched. Hands that are visibly soiled or dirty should be washed with soap and water - hand sanitizer is less effective on soiled or dirty hands.

Workers are required to wash or sanitize their hands:

- at the start of their shift and before they start work
- before eating, drinking or smoking
- after using the toilet facilities
- after handling any tools or materials that may be contaminated
- at the end of the shift before they leave work

We will provide or make available hand washing and hand sanitization facilities to meet the needs of the volume of workers at the project. REV: March 22, 2020 4

### Cough / Sneeze Etiquette

Workers are expected to follow cough/sneeze etiquette, which is a combination of measures that minimizes the transmission of diseases via droplet or airborne routes. Cough/sneeze etiquette includes the following:

- Cover your mouth and nose with a sleeve or tissue when coughing or sneezing.

- Use tissues to contain secretions and dispose of them promptly in a waste container.
- Turn your head away from others when coughing or sneezing.
- Wash hands regularly.

### Cleaning and Disinfecting

We will conduct routine daily cleaning of hard non-porous surfaces throughout construction sites including: site office trailers, lunchrooms, orientation and meeting rooms, first aid rooms, stair railings, scaffold stair railings, portable toilets, elevator/hoist and equipment controls. Routine cleaning will be completed according to our **Safe Work Procedure: Surface Cleaning for Potential Virus Contamination**

In the event there is a presumptive case for COVID – 19, present on site we will isolate and clean work areas / surfaces that may have been contaminated. In the event a confirmed case of COVID-19 was present on site, we will close the site and a specialized biohazard remediation, abatement company will professionally disinfect the contaminated areas.

### Wearing Gloves

All workers must wear gloves in accordance with their SWP and our rules. Wearing gloves, besides being a safety requirement reduces the likelihood of workers touching their eyes, nose or ears reducing the potential of transmission from contaminated surfaces.

Workers should replace their used gloves frequently with new gloves and launder used gloves, if practicable, with their work clothes to prevent them from becoming potential sources of transmission.

### Project Orientation

The current concerns for COVID -19 makes orientations especially important as a means of communicating with new workers the safety precautions that they must comply with for them to work on this site.

It is also a point for screening workers and asking them questions about their travels and health to verify that they are healthy and not in contravention of any Public Health Authority recommendations. REV: March 22, 2020 5

It is also a moment when we can reassure workers that our project is being managed for their safety, that we are taking COVID – 19 seriously and that the most important thing to us is their health and safety.

The following are changes to the orientation routine:

- Where practical, move orientation outdoors and conduct a verbal orientation – **reinforce social distancing.**
- If orientations are conducted in a room keep the door secure and post social distancing signage on the door to the orientation room to prevent workers from grouping outside or in the room and waiting. Disinfect used pens, tables, chairs and table after each use.
- Host multiple orientation sessions to avoid violating social distancing.

Before providing an orientation have workers and visitors complete the Health Questionnaire

COVID-19 to verify that they are healthy and fit for work. Workers that are not permitted access according to the questionnaire must be turned away.

### Hoist Operation

Hoists must be operated in accordance with social distancing requirements. Projects must operate the hoist in accordance with the following:

- Outside the hoist: Post signage and remind the workers to maintain social distancing 2 M (6 ½ ft) while they are waiting to enter the hoist.
- Inside the hoist: Maintain social distancing and reduce the number of passengers at any one time. If necessary, mark a space on the deck of the hoist where each worker is expected to stand.
- Load the passengers in order so that they don't need to pass each other in the hoist as they are exiting – this requires organization.
- Passengers to face the outside of the hoist to avoid being inside each other's breathing zone. Rev: March 27, 2020
- Hoist Operator is permitted to wear an respiratory protection.
- Hoist surfaces (call buttons, door handles, etc.) that are routinely touched will be disinfected regularly.

### Project Radio / Cellphone

**Do not share communication devices.** Because radios and cell phones are held close to the mouth to talk, they are a likely source for transmission.

- Disinfect radios and cell phones at start of shift and regularly throughout the shift.

### Stairwells / Scaffold Stair Towers

If workers have only a single means of access to their work areas, they need to observe protocols to prevent them from violating the social distancing. Those may include: REV: March 22, 2020 6

- Calling out and communicating that they have entered the stair and are proceeding up / down and thus warn people to prevent them from entering the stairwell until they have passed.
- Staging outside stair entrances until it is clear for them to enter.
- Stopping outside the social distancing area if they are approaching another worker and discussing how they will pass while maintaining social distancing.

### Lunchrooms

Lunchrooms are places where there is a potential for people to come to contact with each other or contaminated surfaces. The following applies:

- Post social distancing signage to remind workers to keep their distance.
- Post signage to remind workers to wash or disinfect their hands before and after eating.
- Stagger coffee/lunch breaks to reduce the number of workers in the lunchroom at the same time.
- Organize chairs and stagger seating arrangement to maintain social distancing or take lunch and coffee outside
- Remove garbage often.
- Clean and disinfect tables, microwaves and other commonly handled items between worker s/ lunch shifts.
- If air circulation is a concern install negative air units and vent outside lunchroom.
- Separate PPE and clothing that is hung up in the lunchroom to avoid touching.
- Workers intending to take work clothing home should place it in a plastic bag and not remove it until it goes into the laundry to be washed – ideally separately.

### First Aid Treatment

**If workers are feeling unwell or exhibiting symptoms of COVID -19 They need to inform their Supervisor ASAP.**

If they are fit enough to leave the project and arrive home safely, they should go home and follow the Public Health Authorities instructions for reporting self-isolating and treatment. If workers are travelling on public transit or in close contact with others to get to their homes and if available, we will provide sick workers with N95 masks to be worn by them to help prevent any transmission from the sick worker.